

MY PORN STORY...



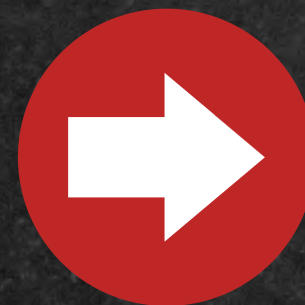
95%

OF SURVEY RESPONDENTS
HAVE WATCHED PORN

Results from our survey of 100 Fijian Residents



15 years



52%

WERE FIRST EXPOSED
TO PORN BY AGE 15

52 of 100 respondents

60



people

TRIED TO STOP OR REDUCE —
BUT ARE STILL STRUGGLING



42
%

SAY PORN HAS
CAUSED
**CONFLICT /
TENSION**
IN INTIMATE
RELATIONSHIPS



67%

BELIEVE PORN HAS A
NEGATIVE IMPACT
ON MENTAL OR
EMOTIONAL WELLBEING



... **34** of 39
WOMEN
SAID THEY HAVE
WATCHED PORN

THIS ISN'T JUST A MEN'S ISSUE



.....90%

**SAY THEY WOULD LIKE
SUPPORT OR RESOURCES TO
HELP THEM BE PORN FREE**

**PEOPLE ARE READY TO
TALK. IS THE CHURCH
READY TO LISTEN?**

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Overall Summary — All Respondents

All figures are live formulas referencing the 'Cleaned Data' sheet.

HOW MANY RESPONDED

Total respondents	100			
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HOW MANY WATCH PORNOGRAPHY

Answer	Count	% of respondents		
Yes	95	95.0%		
No	5	5.0%		

RESULTS OF THE OTHER QUESTIONS

How often do you currently watch pornography?

Answer	Count	%		
Very frequently (daily or almost daily)	19	19.0%		
Frequently (weekly)	24	24.0%		
Occasionally (monthly)	20	20.0%		
Rarely (a few times a year)	22	22.0%		
Never	11	11.0%		

At what age were you first exposed to pornography?

Answer	Count	%		
Under 12	22	22.0%		
12-15	30	30.0%		
16-18	19	19.0%		
19-30	21	21.0%		
31 and above	4	4.0%		

What is your main reason for watching pornography? (top categories)

Answer	Count	%		
Sexual satisfaction	38	38.0%		
Curiosity	22	22.0%		
Habit/addiction	15	15.0%		
Entertainment	10	10.0%		
Stress relief	7	7.0%		

Do you feel your pornography use is under control?

Answer	Count	%		
Yes, completely	33	33.0%		
Mostly	22	22.0%		
Not really	31	31.0%		
Not at all	9	9.0%		

Has pornography caused conflict/tension in intimate relationships?

Answer	Count	%		
Yes	42	42.0%		
No	32	32.0%		
Not applicable	21	21.0%		

Has pornography influenced expectations of relationships/intimacy?

Answer	Count	%		
Yes, positively	23	23.0%		
Yes, negatively	27	27.0%		
No	25	25.0%		
Not sure	20	20.0%		

Have you ever tried to stop or reduce your pornography use?

Answer	Count	%		
Yes, successfully	30	30.0%		
Yes, but still struggling	60	60.0%		
No	5	5.0%		

How does viewing pornography make you feel afterwards? (top categories)

Answer	Count	%		
Guilty/ashamed	45	45.0%		
Regretful	17	17.0%		
Neutral	15	15.0%		
Positive/satisfied	14	14.0%		

Do you believe pornography impacts mental/emotional wellbeing?

Answer	Count	%		
Yes, negative impact	67	67.0%		
Yes, positive impact	16	16.0%		
Not sure	12	12.0%		
No impact	5	5.0%		

Would you be open to seeking support/resources if negatively affected?

Answer	Count	%		
Yes	72	72.0%		
Maybe	18	18.0%		
No	5	5.0%		

Have you ever been in a relationship with someone you believe was addicted to pornography?

Answer	Count	%		
Yes	30	30.0%		
No	70	70.0%		

Did you feel comfortable talking to your partner about their pornography use? (base: had such a partner)

Answer	Count	%		
Yes, openly	13	43.3%		
Somewhat	6	20.0%		
I avoided the conversation	6	20.0%		
No	5	16.7%		

Willing to share your struggle anonymously for the book project?

Answer	Count	%		
Yes	11	11.0%		
No	30	30.0%		